

DISCHARGE: You will not be permitted to drive yourself home following discharge from the center. You must have a responsible adult driver, 18 years or older and we request that you handle these arrangements in advance. Your companion may choose to stay in our waiting area or a staff member will be happy to make a telephone call when you are prepared to leave. **If you do not arrive with a ride, your procedure will be cancelled.**

We strongly recommend that you not make plans for the remainder of the day. You should go home and rest.

ANY FURTHER QUESTIONS?

Our staff will contact you a day or two prior to your scheduled procedure. Please call the Center if you have not had a pre-operative call the day before your procedure. If you have any questions or need further directions, you may call us at:

203-337-2660

Monday - Friday from 8:00am - 4:00pm.

Disclosure of Ownership

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Complaints may be directed to Medicare Customer Service
1-800-633-4227

Our Medicare Provider number is 490000218

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Fairfield Surgery Center



Same Day Surgery...
A guide for patients and their families.

75 Kings Highway Cutoff
Fairfield, CT 06430
203-337-2660

Visit our website:
www.osgpc.com

You may download forms
Patient Bill of Rights
Discharge Instructions
Directions

Welcome

Thank you for choosing the Fairfield Surgery Center for your upcoming procedure. Our staff looks forward to providing you with state of the art medical care with a personal touch of comfort and attention.

The Fairfield Surgery Center has been established to provide the convenience of same day surgery in a pleasant and professional environment. Our staff of physicians, nurses and technical specialists ensures that each patient remains comfortable throughout the same-day experience.

The Fairfield Surgery Center does not honor Advanced Directives. For further information, please contact us.

The following information will prepare you for your scheduled procedure from pre-admission through discharge and answer the most commonly asked questions.

About Scheduling...

Your physician's office will call with your surgical date. A nurse from the Surgery Center will contact you with the time and specific instructions. The time is subject to change depending on the nature of other procedures or medical conditions of patients scheduled for that day. We thank you for your patience in this matter. **Please make sure that we have all up-to-date phone numbers to contact you.**

Before your procedure...

A nurse from the Surgery Center will contact you one or two days prior to surgery to review instructions and confirm your admission time.

MEDICATION: If you take any prescribed or herbal medication on a daily basis, please consult our nursing staff regarding whether you should take them on the day of surgery. Please discontinue use of aspirin one week prior to your visit.

***Also be sure to obtain a prescription from your doctor for pain medication and have it filled prior to the day of your procedure.

CRUTCHES: If you will require crutches after your procedure, please be sure that the crutches are correctly sized for you and that you receive instruction in their use at your physician's office. Crutches may be left in the car as you will be escorted to your car by wheelchair.

FOOD CONSUMPTION: Patients scheduled for early morning procedures will be asked to abstain from eating and drinking after midnight the night before surgery. Patients scheduled for later procedures will be given very specific eating and drinking instructions. Please follow the directions carefully from the nurse.

This is vital to your safety.

EYEGASSES, CONTACT LENSES

DENTURES AND HEARING AIDS: Do not wear contact lenses. Bring a case for eyeglasses, dentures or hearing aid so they will stay safe during your procedure.

Day of your procedure....

VALUABLES: Please leave all valuables including, jewelry, body piercings, money and credit cards at home.

MAKE-UP: Please do not wear any make-up, especially mascara and lipstick, on the day of your procedure.

CLOTHING: Please wear loose-fitting, comfortable clothing that will be easy to put on following your procedure. Shoes should be rubber soled with ties (sneakers are ideal).

UPON ARRIVAL: When you arrive at the center, please check in with the receptionist.

You will then be asked to change into a patient gown and slipper/socks. In the pre-operative area, you will be seen by the nurse, anesthesiologist and your physician. You will have an opportunity to review your post-operative care instructions and ask any questions at this time.

DURING YOUR PROCEDURE: Your physician, anesthesiologist and at least one nurse will be present with you throughout the length of your procedure to monitor your status and help you feel comfortable.

AFTER YOUR PROCEDURE: You will be escorted to the recovery area for a short time and you will be offered a light snack and beverage. Your physician will visit you in the recovery area and explain the outcome of the procedure and answer some of your questions.