

WELCOME

Thank you for choosing the Fairfield Surgery Center for your upcoming procedure. Our Center has been designed to provide the convenience of same day surgery in an out of hospital setting. Our professional staff of nurses and physicians look forward to ensuring your comfort by delivering the highest quality care and personal attention during your stay.

The following information will prepare you for your scheduled procedure from pre-admission through discharge and answer the most commonly asked questions.

ADVANCED DIRECTIVES

Please notify the center in advance if you have an Advanced Directive or Living Will. If applicable, please provide a copy of your advanced directives or living will upon arrival at the center. The center does honor advanced directives/living wills according to the patient self-determination act.

ABOUT SCHEDULING

You will be given an **approximate** date and time for your surgery when you are at your physician's office. The date and time are subject to change depending on the Fairfield Surgery Center's surgical schedule for that day. Patients with certain medical conditions may make it necessary for your date and / or time to change. We appreciate your understanding.

BEFORE YOUR PROCEDURE

A Registered Nurse from the **Surgery Center** will call you one or two days prior to your

surgery to review instructions, pertinent medical information, and confirm your admission time.

Food Consumption: During your pre-operative phone call you will be given instructions regarding food/beverage intake. For your safety, please follow the instruction you were given.

Nothing by mouth includes, but is not limited to, chewing gum, hard candy and water. If you are unable to follow these instructions please notify the center immediately. Please be advised that if you have had **anything** by mouth the day of your procedure, we will have to delay or rescheduled your procedure.

Crutches: If you will require crutches after your procedure, please be sure to obtain them from your **physician's office**. Be sure they are properly sized and that you have received instructions on how to use them.

DAY OF YOUR PROCEDURE

Valuables: Please leave all your valuables at home. Remove all jewelry, including wedding rings, body piercings and watches. Please do not bring any money or credit cards to the Center

Make-up: Please do not wear any make-up as it can interfere with our monitoring equipment. Specifically, do not wear **nail polish, mascara or lipstick**.

Clothing: Please wear loose fitting, comfortable clothing that is easy to take off and on. A button down shirt is recommended for upper body procedures (hands, wrists &

shoulders). Shoes should be flat and rubber soled; sneakers are recommended.

Upon arrival: Shortly after checking in at the front desk, a registered nurse will bring you to a dressing room where you will change into a patient gown and slippers. After changing you will be brought to our admitting area. You will be seen by an anesthesiologist and your surgeon (or PA) prior to your procedure. You will have an opportunity to ask any questions at this time.

DURING YOUR PROCEDURE

Your physician, an anesthesiologist and a registered nurse will be with you at all times during your surgery or procedure.

AFTER YOUR PROCEDURE

After your procedure you will be brought to our Recovery Room and monitored until you are fully alert. We will provide you with a light snack and a beverage. Your physician will visit you in the recovery room and review your procedure and answer any questions you have. We recommend that a family member or your ride be present when your surgeon visits as you may not remember everything that was discussed.

Biopsies and cultures will not be available immediately following your procedure and will be reviewed at your physician's office at your post-operative visit.

DISCHARGE

It is strongly recommended that you go home and rest for the remainder of the day. **You will not be permitted to drive yourself home if you are receiving anesthesia.** You **MUST** have a responsible adult, 18 years of age or Older to drive you home.. These arrangements should be made in advance

****Please know that if you arrive at the center and have not made arrangements for a ride home your procedure will be cancelled.****

ANY FURTHER QUESTIONS?

A registered nurse will call you 24 to 48 hours in advance of your surgery/procedure. If you have not received your pre-operative instructions, please call 203-337-2660 and ask for the pre-operative nurse

DISCLOSURE OF OWNERSHIP

The following physicians have ownership in the Fairfield Surgery Center:

John Awad, MD
Henry A. Backe, MD
Dante Brittis, MD
Robert Dawe, MD
Patrick Kwok, MD
Robert Stanton, MD

GRIEVANCES

All patients have a right to file a grievance. All grievances should be directed to:

Laurie R. Markus-Cornell, Administrator
Fairfield Surgery Center
203-337-2660

You may also contact CMS (Center for Medicare Services) at:

On the web at:

<http://www.medicare.gov>

By telephone:

Medicare Customer Service:
1-800-MEDICARE
1-800-633-4223
TTY: 1-877-486-2048

By email:

www.ltcop.state.ct.gov



Fairfield Surgery Center, LLC

*A Same Day Surgery Guide for
Patients and their Families*



We are located at:

*305 Black Rock Turnpike
Fairfield, CT 06825
203-337-2660*